**Shape, arrow

Description automatically generated**

***A picture containing icon

Description automatically generatedINCLUSIVITY UNLOCKED!***

**“Top Tips” compilation**

These are the top tips we’ve distilled from our Inclusivity Unlocked! events so far.  
Beneath each image we’ve provided a link to a pdf version: please feel free to download these and share them with your colleagues.

Other follow-up resources, for example webinar reports and recordings, can be found in the online posts for the relevant events: see [our website events page](https://ipinclusive.org.uk/events/), where you can also access sign-up links for those still to come.

If you have suggestions for other event themes or formats, please let us know  
by emailing us at [contactipinclusive@gmail.com](mailto:contactipinclusive@gmail.com).

**Leaving no one behind (parts i and ii)**

**Dates**: 20 & 27 September 2022

**Online event posts**:<https://ipinclusive.org.uk/events/leaving-no-one-behind-part-i/>and <https://ipinclusive.org.uk/events/leaving-no-one-behind-part-ii/>

*Panel discussions with our six communities, about opportunities and challenges in the post-Covid world for the specific groups they represent.*

**Top tips for organisations:**

Text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221103-leaving-no-one-behind-top-tips-for-organisations.pdf>

**Top tips for individuals:**

Graphical user interface, text, application

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221103-leaving-no-one-behind-top-tips-for-individuals.pdf>

**Top tips for managers:**

Graphical user interface, text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221103-leaving-no-one-behind-top-tips-for-managers.pdf>

**What’s for starters?**

**Date**: 13 October 2022

**Online event post**:<https://ipinclusive.org.uk/events/whats-for-starters/>

*Joint event with Jonathan’s Voice about supporting mental wellbeing for early-career IP professionals.*

**Top tips for organisations:**

Text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221108-whats-for-starters-top-tips-for-organisations.pdf>

**Top tips for individuals:**

Graphical user interface, application, Teams

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221108-whats-for-starters-top-tips-for-individuals.pdf>

**Top tips for managers:**

Text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221108-whats-for-starters-top-tips-for-managers.pdf>

**Taking the long view:   
tackling the causes of stress and anxiety by managing workloads**

*Following on from our “What’s for starters?” event above, and the results of our 2022 mental wellbeing survey with Jonathan’s Voice[[1]](#footnote-1), we’ve produced some practical tips on workload management to reduce stress and other mental health problems in the workplace. See also our Lead Executive Officer Andrea Brewster’s discussion at* [*https://ipinclusive.org.uk/newsandfeatures/mental-health-taking-the-long-view/*](https://ipinclusive.org.uk/newsandfeatures/mental-health-taking-the-long-view/)*.*

**Top tips for organisations:**

Text

Description automatically generated with medium confidence

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221109-taking-the-long-view-top-tips-for-organisations.pdf>

**Top tips for managers:**

Graphical user interface, diagram

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221109-taking-the-long-view-top-tips-for-managers.pdf>

**Top tips for small businesses:**

Graphical user interface, text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/11/221109-taking-the-long-view-top-tips-for-small-businesses.pdf>

**Harnessing hybrid**

**Date**: 10 November 2022

**Online event post**:<https://ipinclusive.org.uk/events/harnessing-hybrid/>

*Webinar about optimising hybrid working arrangements post-Covid.*

**Top tips for organisations:**

**Text

Description automatically generated**

<https://ipinclusive.org.uk/wp-content/uploads/2022/12/221201-harnessing-hybrid-top-tips-for-organisations.pdf>

**Top tips for individuals:**

**Graphical user interface, text, application

Description automatically generated**

<https://ipinclusive.org.uk/wp-content/uploads/2022/12/221201-harnessing-hybrid-top-tips-for-individuals.pdf>

**Top tips for managers:**

Graphical user interface, text, application

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/12/221201-harnessing-hybrid-top-tips-for-managers.pdf>

**Teamwork, Trust and the post-Covid Tide**

**Date**: 15 November 2022

**Online event post**:<https://ipinclusive.org.uk/events/teamwork-trust-and-the-post-covid-tide/>

*Joint event with Focal Point Training, looking at team members’ expectations and effective working relationships in the post-Covid world.*

**Top tips:**

[Only one set for this topic, since the exchanging of expectations is good practice between everyone who needs to work together in an organisation]

Graphical user interface, text, application

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2022/12/221215-teamwork-trust-post-covid-tide-top-tips.pdf>

**(Office) space: the final frontier?**

**Date**: 30 January 2023

**Online event post**:<https://ipinclusive.org.uk/events/office-space-the-final-frontier/>

*Webinar about reshaping workspaces to optimise inclusion, cohesion and efficiency in the wake of the Covid-19 lockdowns.*

**Top tips:**

Table

Description automatically generated with medium confidence

<https://ipinclusive.org.uk/wp-content/uploads/2023/02/230227-workspace-design-top-tips.pdf>

**Associated opportunities and considerations:**

Diagram

Description automatically generated with low confidence

<https://ipinclusive.org.uk/wp-content/uploads/2023/02/230227-workspace-design-opportunities-considerations.pdf>

**Rainmaking for everyone**

**Date**: 8 February 2023

**Online event post**:<https://ipinclusive.org.uk/events/rainmaking-for-everyone/>

*Webinar about how the Covid-19 lockdowns have helped us find more inclusive approaches to business development.*

**Top tips for organisations:**

Chart, radar chart

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2023/03/230303-rainmaking-for-everyone-top-tips-for-organisations.pdf>

**Top tips for individuals:**

A picture containing text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2023/03/230303-rainmaking-for-everyone-top-tips-for-individuals.pdf>

**Top tips for managers:**

A picture containing text

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2023/03/230303-rainmaking-for-everyone-top-tips-for-managers.pdf>

**Online, but not forgotten**

**Date**: 9 March 2023

**Online event post**:<https://ipinclusive.org.uk/events/online-but-not-forgotten/>

*Joint webinar with IP Ability and CIPA, about online accessibility and the technology available to help.*

**Top tips for organisations:**

A screenshot of a website

Description automatically generated with low confidence

<https://ipinclusive.org.uk/wp-content/uploads/2023/06/230613-online-but-not-forgotten-top-tips.pdf>

**Menopause: what’s changing?**

**Date**: 22 March 2023

**Online event post:** <https://ipinclusive.org.uk/events/menopause-whats-changing/>

*Webinar about recent changes in perceptions of, and help with, menopause and perimenopause, and how to create menopause-savvy and supportive workplaces.*

**Top tips for organisations:**

Text

Description automatically generated with medium confidence

<https://ipinclusive.org.uk/wp-content/uploads/2023/05/230505-menopause-inclusivity-top-tips.pdf>

**Too busy to flourish?**

**Date**: 27 March 2023

**Online event post:** <https://ipinclusive.org.uk/events/too-busy-to-flourish/>

*Joint webinar with LawCare about the impact of post-Covid working practices and culture on mental wellbeing.*

**Top tips for organisations:**

A screenshot of a computer

Description automatically generated with low confidence

<https://ipinclusive.org.uk/wp-content/uploads/2023/06/230613-too-busy-to-flourish-top-tips-for-organisations.pdf>

**Top tips for managers:**

A picture containing text, screenshot, font, number

Description automatically generated

<https://ipinclusive.org.uk/wp-content/uploads/2023/06/230613-too-busy-to-flourish-top-tips-for-managers.pdf>

**Logo

Description automatically generated**

1. See <https://ipinclusive.org.uk/newsandfeatures/the-results-of-our-2022-mental-wellbeing-survey/> [↑](#footnote-ref-1)