



IPINCLUSIVE

Working for diversity and inclusion in IP



Jonathan's Voice
Speaking out for mental health

Male Suicide: Myths, Action, Hope

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Jonathan's Voice

www.jonathansvoice.org.uk

Registered Charity 1180424



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Introduction to Jonathan's Voice



Jonathan was a patent attorney in Bristol. On the outside, life appeared to be going well. But a month after his 35th birthday he tragically took his own life on 30th October 2017. An “out of the blue” suicide. Sadly, he had been masking his mental health struggles very, very well.

Shortly after this tragic event his family founded Jonathan's Voice, now a registered charity, to promote better mental health in the workplace.



For help or further information about suicide

- Samaritans <https://www.samaritans.org/> 116 123
- Survivors of Bereavement by Suicide
- <https://uksobs.org/>
- National Suicide Prevention Alliance
<https://nspa.org.uk/>
- Calmzone <https://www.thecalmzone.net/> 0800 585858
- LawCare <https://www.lawcare.org.uk/> 0800 279 6888



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