



Jonathan's Voice
Speaking out for mental health

Confident Conversations

A practical workshop developed to help **line managers in the IP profession** support colleagues with confidence, without feeling they have to have all the answers.

Why this workshop matters

Confident Managers

Support without feeling they have to fix everything

Earlier Support

Improved outcome for individuals

Psychological Safety

Creates teams where it feels safe to speak up

Managers will be able to...

- ✓ Spot the signs early
- ✓ Have confident conversations
- ✓ Support without fixing
- ✓ Signpost appropriately
- ✓ Create psychological safety
- ✓ Protect their own wellbeing

Could this workshop support your organisation?

Jonathan's Voice works with organisations across the IP profession to deliver practical, preventative mental wellbeing workshops.

If you would like to explore how this workshop could support your people, we would be delighted to have a conversation with you.



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